



From The Chair

BE A STAR!

Monmouth u3a relies on lots of people to help behind the scenes, supporting us setting up before meetings, greeting new members, serving tea, tidying up after events etc etc. If you have a few hours to spare occasionally, and would be happy to help for '**Special Tasks As Required**' (**STAR**), please get in touch. We give you plenty of notice and there's no obligation – you simply let us know if you can or can't make it on that date.

If you are interested, please contact the Chair Averil Macdonald' on a.m.macdonald@reading.ac.uk.

WYE VALLEY RIVER FESTIVAL – something for the weekend

If you're looking for something to do over the **May Bank Holiday Weekend**, then Monmouth is the focus of the **10th Annual Wye Valley River Festival** with lots of events across the town. I see there are plans for a **Birthday Party on the Bridge at 5.30 on Saturday 3rd** and **Merry Monmouth Day all day on Sunday 4th**. Check out details on [Home - Wye Valley River Festival](#)

If you have any suggestions for new Activities, please contact the Chair Averil Macdonald' on a.m.macdonald@reading.ac.uk.

From the Calendar

Thu 02 May 2024 @ 11:00 - 12:00 **COFFEE AND CHAT**
[Quiet Chat 'n' Coffee](#)

Valerie's Cafe, Beaufort Court, Monmouth NP25 3UA

Thu 02 May 2024 @ 19:00 – 21:00 PUB CLUB

[FIRSTY Thursday Pub Club](#)

Robin Hood, Monnow Street, Monmouth NP25 3EQ

Thu 02 May 2024 @ 19:30 – 20:00 THEATRE

[‘Sherlock’s Excellent Adventure’ at the Savoy Theatre](#)

Savoy Theatre, Church Street, Monmouth NP25 3BU

Fri 03 May 2024 SOCIAL OUTINGS

[Wye Valley River Festival 3-12 May](#)

Fri 03 May 2024 @ 14:00 – 16:00 CHOIR

[The Good Day Choir](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Fri 03 May 2024 @ 19:30 – 21:30 CLASSICAL CONCERT

[BBC National Orchestra of Wales – American Explorations](#)

Riverfront Theatre, Newport, Kingsway, Newport NP20 1HG

Sat 04 May 2024 @ 08:30 – 09:30

[Park Run \(u3a\)](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Mon 06 May 2024 @ 10:00 – 12:00 SOCIAL OUTINGS

[Fit for Life Walking Group](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Mon 06 May 2024 @ 10:30 – 11:30 COFFEE AND CHAT

[Coffee and Chat](#)

Estero Lounge, Monnow Street, Monmouth NP25 3PS

Wed 08 May 2024 @ 14:00 – 15:30 GEOLOGY

[Always a geologist – Dave Richards](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Thu 09 May 2024 @ 11:00 – 12:00 COFFEE AND CHAT

[Quiet Chat ‘n’ Coffee](#)

Valerie’s Cafe, Beaufort Court, Monmouth NP25 3UA

Fri 10 May 2024 @ 10:30 – 11:30

[Family History Group – kick off meeting](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Sat 11 May 2024 @ 08:30 – 09:30

[Park Run \(u3a\)](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Sun 12 May 2024 @ 08:30 – 17:30

[Walk the Wye](#)

Monmouth Showground, Redbrook Road, Monmouth NP25 4LG

Mon 13 May 2024 @ 10:30 – 11:30 COFFEE AND CHAT

[Coffee and Chat](#)

Estero Lounge, Monnow Street, Monmouth NP25 3PS

Tue 14 May 2024 @ 14:30 – 16:00 SCIENCE AND TECHNOLOGY

[Optometry: Past, Present, and Future](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Wed 15 May 2024 @ 19:00 – 21:00 SOCIAL OUTINGS

[Skittles at Seven \(plus darts\)](#)

Royal British Legion, 7 St James St, Monmouth NP25 3DL

Thu 16 May 2024 @ 09:30 – 17:00 SOCIAL OUTINGS

[Day Trip – St Fagan’s Museum of Wales](#)

St Fagan’s Museum, , Cardiff CF5 6XB

Sat 18 May 2024 @ 19:30 – 21:30 CLASSICAL CONCERT

[Choral Concert ‘A Love of Nature’ at Priory Church](#)

St Mary’s Priory Church, Monk Street, Monmouth NP25 3NX

Sun 19 May 2024 @ 11:30 – 17:30 SOCIAL OUTINGS

[Monmouth Open Gardens](#)

Sun 19 May 2024 @ 16:00 – 18:00 CLASSICAL CONCERT

[Free Concert: Music for Lovers](#)

Tue 21 May 2024 @ 14:30 – 16:00 MEMBERS' EVENT

[British Music Hall – David Evans](#)

Bridges Centre, Drybridge Park, Monmouth NP25 5AS

Tue 28 May 2024 @ 10:30 – 12:30 SOCIAL OUTINGS

[Garden Visit – The Neuadd, Crickhowell](#)

Tue 28 May 2024 3.00–4.30

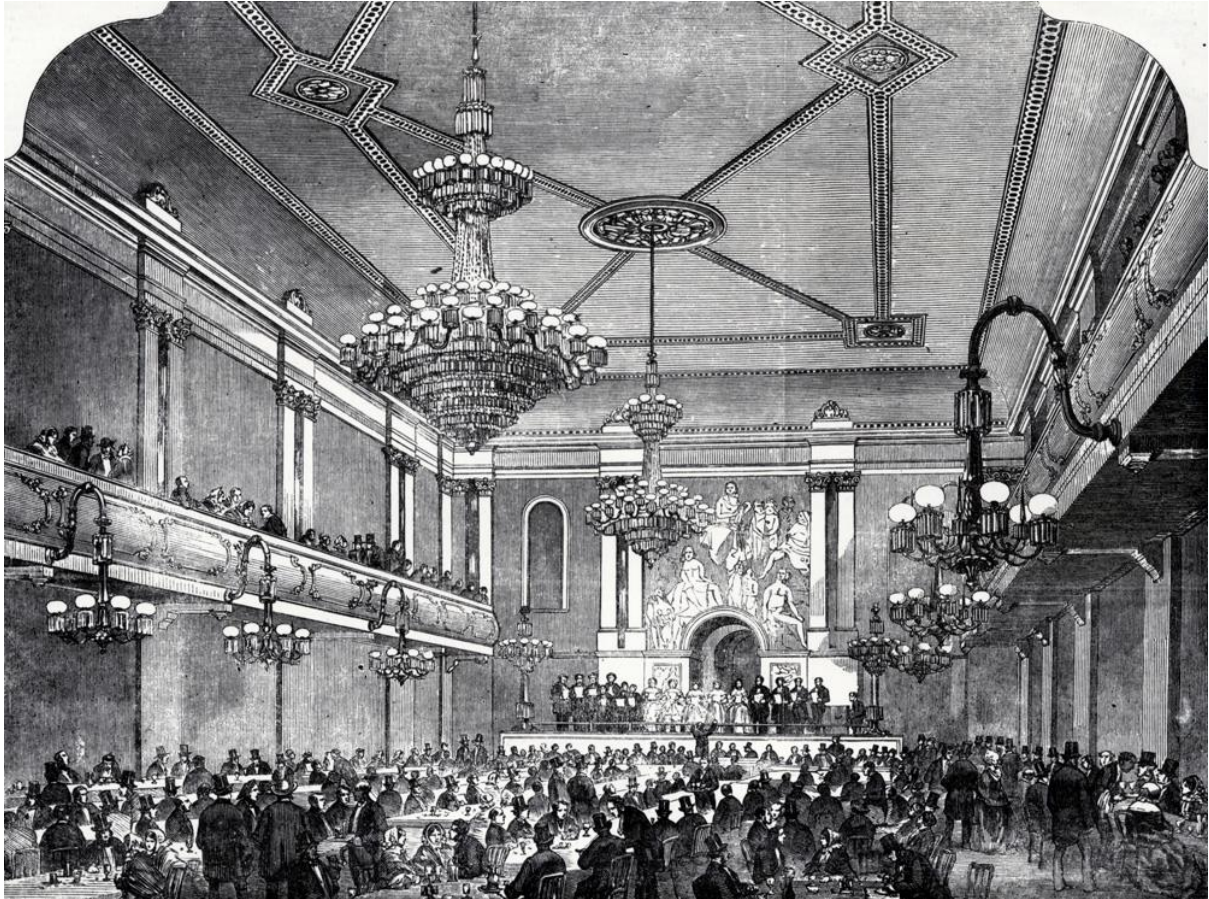
[Critical Thinking – Democracy](#)

Ty Price, St Thomas’s Church Hall

Members Meeting

Monthly Members Event Tuesday 21 May at 2.30 at Bridges Centre

British Music Hall – David Evans



An entertaining look at British music hall, a cultural phenomenon that was something completely different and quickly captured the attention of audiences up and down the country. As the alcohol flowed, people were able to kick back and relax as they enjoyed the music and acts that were on offer. It made superstars of 'ordinary' people and left a legacy of some of the most beautiful theatres to found anywhere in the world. Beginning around 1850, it remained popular until the end of the First World War, when the genre declined and variety became the new entertainment of the masses.

Free to all Monmouth u3a members.

Come alone or bring a friend, stay for a chat over tea and biscuits afterwards.

Social Opportunities

Weekly Members Get-Togethers – dip in and out when it suits you

Coffee and Chat every Monday morning

Come along to the weekly Coffee and Chat at Estero Lounge every Monday at 10.30 for interesting conversations and good company. No need to book.

Thirsty Thursday Pub Club

First Thursday of the month from 7-ish to 9-ish come along to the Robin Hood. Join us for a relaxed evening out. No need to book.

Quiet Chat 'n' Coffee

Thu 09 May 2024 @ 11:00 – 12:00

Valerie's Cafe, Beaufort Court, Monmouth NP25 3UA

Groups

Science and Technology – Tuesday 14 May at 2.30pm in the BRIDGES CENTRE

Optometry: Past, Present and Future by Adib Missaghi, Monnow Eyecare

Embark on a captivating exploration of optometry's evolution, from its humble beginnings to the cutting-edge advancements shaping its future. Uncover the historical roots that laid the foundation for contemporary vision care, and delve into the current landscape characterised by innovative techniques and state-of-the-art technologies. Peer into the future of optometry, where advancements in digital imaging and artificial intelligence promise to revolutionise eye care delivery and enhance patient outcomes. This talk will reflect on past achievements, embrace present innovations, and eagerly anticipate the transformative possibilities that lie ahead in the dynamic realm of optometry.

If you are not a member of the Science and Technology group you are welcome to attend as a guest for the small fee of £3 (or you can become a member for £12). Just come to the meeting and pay on the door. Non u3a members can attend once before being required to join Monmouth u3a.

Critical Thinking 29 May at 3.00 in Ty Price.

We will be considering the importance of Democracy.

Anyone not on the group list who might be interested in coming along could email Simon Durrant at sncd@outlook.com if they would like to receive the stimulus material or simply turn up on the day.

Film Club



The next u3a film club showing will be Saving Mr Banks on Friday, 24th May at Bridges.

Details at [Saving Mr. Banks \(2013\) ☆ 7.5 | Biography, Comedy, Drama](#)

National

For a range of ideas and wider opportunities go to: www.u3a.org.uk