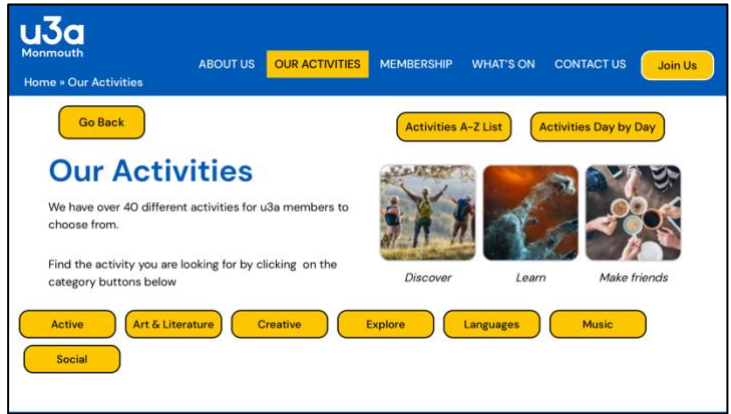




USING THE WEB-SITE

A reminder to all members, new and well established, that our website is the best place for you to locate information about Monmouth u3a. Here are a few pages, as a starter for ten, and to encourage you, if you don't already, to explore the relevant links. Most of what you may need to find is just a click away.



STOP PRESS:

I have just taken responsibility for the Newsletter, late in the month, so apologies for any omissions in this document. I hope that more detail can be included in the December edition, **Jim Newcomb**.

Our new Group Convenor (Communications) is **Estelle Stevenson** who, like me, is just settling into the role. Please bear with us over the next few weeks.

Xmas Social - Please save the date **December 19th from 14.20 – 16.30** at Bridges.



Monmouth u3a Community Champions Group Greater details have already been sent out, by email, but if you're interested in supporting the proposed group, which aims to carry our improvement projects in the area, make a difference to residents' lives and have fun, make friends, and socialise, then please contact:

Norman Williams at: **U3Acommunitychampions@gmail.com**

Proposed **ORIGAMI** group.



There was a successful origami taster session for the craft group run by **Origami** expert Tony O'Hare. Some participants suggested a regular origami group for beginners, which he would be happy to organise and run. Details of venue/day/time etc, can be decided depending on people's availability, with a small charge for materials. Tony would, therefore, like to investigate the level of interest in a monthly origami group and would initially like people to express their interest.

Tony O'Hare at: **tonyohare123@gmail**

Proposed **SPANISH for BEGINNERS**



group.

A small group of Monmouth u3a members have agreed that they would like to form a group of Spanish Beginners to learn the language. The aim is to start in November, meeting on Friday morning in Wetherspoons at 10:00am.

But we need more members and are still seeking someone with sufficient language skills or teaching experience to lead the group.

If anyone wishes to be involved or knows of someone who could assist the new group, please contact **Bob Crawford**, who is the present convenor for the Spanish Improvers Group, as soon as possible. You can send him an e-mail at **orbisconsultants@aol.com** or phone him on **01989 770765** (*If he is not available to answer the phone, a voicemail will kick in eventually and you can leave a message!*)

COMMITTEE

Dear Monmouth u3a Member,

Your new committee is now in place, and I'm delighted to have been elected Chair!

We are keen that Monmouth u3a continues to provide opportunities for everyone to participate in groups and activities.

We'd therefore like to ask for your help, please:

Are you the sort of person who understands how others think?

Are you the sort of person with ideas for activities that would be popular with other people?

If so, we'd like to hear from you!

In particular we need a small group of people to come up with good ideas for the Monthly Members' Event programme (held on the 3rd Tuesday of each month at Bridges at 2pm – see below).

Please email me if you're interested to know more on a.m.macdonald@reading.ac.uk

Many thanks in anticipation for your help in this - the more the merrier!

Averil

Your new committee

Chair	Averil Macdonald
Vice	Chair Cherry Lewis
Treasurer	Sue Cobourne
Secretary	Frank Birch
Membership Secretary	Sheila Woodward
Well-being	Sheila Rowland
Newsletter	Jim Newcomb
Group Convenor Comms	Estelle Stevenson

Ordinary Members

Ollie Young
Simon Durant

For further details on the committee, please visit:

<https://monmouthu3a.com/about-monmouth-u3a/committee/>

The next committee meeting will be held on: **November 10th 2023**

UP COMING - MEETINGS/EVENTS/TRIPS

WEEKLY:

DROP-IN COFFEE MORNINGS



Every Monday at the Estero Lounge, Monmouth, from 10.30 - 11.30 Everyone is welcome.

THIRSTY THURSDAY CLUB



Every Thursday at the Queens Head pub on the corner of St. James Street and Wyebridge Street, from 19.00 – 21.00 ish. Come along when you feel like it.

MONTHLY:

MEMBERS' MEETING



Tuesday 21st NOVEMBER, 14.30 – 16.30. Main Hall, Bridges

Paul Sanders: Guatemala and the Mayans



For further details please visit:

<https://monmouthu3a.com/event/guatemala-and-the-mayans-by-paul-sanders/>

OCCASIONALLY:

THEATRE TRIPS



Wales Millenium Centre – Thursday 21st March 2024 @ 14.30

To see Matthew Bourne's - Edward Scissorhands. Leaving Monmouth at 10.30 (Coach), returning at about 19.30.

We have reserved 41 seats. To reserve your place (first come first served). Tickets £60.00 members, £70.00 Guests

Please contact: maureenshipley@hotmail.com

Payment is due, now: Monmouth u3a – activities.

Sort Code **30-95-71**

Account Number: **00694365**

Ref: your name/theatre

Matthew Bourne's dance adaptation of Edward Scissorhands is hitting the road for a new UK tour in 2023 and 2024 – here's all you need to know. The magical production returns to UK theatres for the first time in 9 years following sell out performances. Based on the classic Tim Burton movie and featuring the hauntingly beautiful music of Danny Elfman and Terry Davies, Bourne and his company, New Adventures return to this witty, bittersweet story of an incomplete boy left alone in a strange new world.

VISITS



Something to look forward to, is the:

8th December - Trip to Bath, for the Christmas Market, with optional afternoon tea.

Leaving Monmouth 10.00 Returning by 18.15 ish (*leaving Bath 16.45*)

We have **20** spaces reserved at the Bath Pump and a 52-seater coach booked, so we have plenty of room for members just wishing to visit the Bath Christmas market. Please note that guests can only come on one trip – prior to becoming a member (*this is to comply with the u3a insurance regulations*). So, if you wish to bring a friend / Partner and they have been on an outing or Theatre trip before, they will need to join Monmouth u3a.

If you want to join us in the Pump Room Restaurant for a delicious afternoon tea the cost is £57.50 (this includes the cost of the coach). Places will be given to members on a first come first serve basis. The cost of the trip is £18.50 (coach only) if you want to visit the Christmas market, explore Bath or simply enjoy the Bath shops.

THE PUMP ROOM AFTERNOON TEA Enjoy our sumptuous interpretation of the ritual that began in the 1800s, when the 7th Duchess of Bedford found a way to fill the 'hungry' gap between lunch and supper.

SAVOURY SELECTION Sandwiches Whipped chive cream cheese and cucumber, smoked salmon and caviar Devilled egg and mustard cress Ham and mustard Finger items Crushed pea and mint tart, roast cherry tomato, crème fraiche Smoked Cheddar rarebit, apple, and cider chutney.

SWEET SELECTION Scones Homemade buttermilk scones, plain and fruit, with West Country clotted cream and jam Pastries Daily selection of Pump Room pastries £37.50 (per person)

For further details please visit: <https://monmouthu3a.com/social-outings>

REGULAR GROUP ACTIVITIES

Country Dancing



Come and try country dancing with us on the **third Monday in the month at Bridges**, in the ballroom.

This month it is on **November 20th - 14.00 - 16.00**

We enjoy a social activity with gentle exercise with a tea break halfway through. No previous experience is needed, for male or female with or without a partner. All are welcome, just come along with some comfortable shoes and have a go.

Christine.

For further details please visit: <https://monmouthu3a.com/country-dancing/>

Critical Thinking



Next meeting will be on **Tuesday November 28th in Ty Price, at 15.00**

The topic will be: **RELIGION**

Suggested reading will be sent out in advance. Anyone not on the members list who might be interested in coming along could email the convenor (*see below*) or simply turn up on the day.

For further details please visit: <https://monmouthu3a.com/critical-thinking/>

Film Club



Our **14.00** film for **Friday November 24th**, at Bridges, will be **UNITED KINGDOM** (2016)



The film stars David Oyelowo and Rosemund Pike, as an interracial royal couple in 1940s Britain. Full details at: [A United Kingdom – Wikipedia](#)

£3.00 for members and £4.00 for others. Includes and end of film tea/coffee/biscuits

For further details please contact:

Iain Crawford: crawfordiain@gmail.com

or visit: <https://monmouthu3a.com/film-club/>

Geology



8th November 14.00 - 15.30 Prof Brian Georgious will talk about 'There are Granites and Granites'. As he says 'Granite is known to all, but rocks regarded as granite are often something quite different. Granite is a deceptively simple rock; but that is a gross oversimplification.

For further details please visit: <https://monmouthu3a.com/geology/>

Guests welcome for just £2.

Science and Technology



We have many wonderful talks lined up for those who wish to attend. No qualifications needed, just an interest in science and technology.

We meet on the 2nd Tuesday of the month, at Bridges, from 14.30 – 16.00. Nov: Touching and Feeling the Nanoworld. Dec. What on Earth? New approaches for Earth Observation in archaeology

For further details pleased visit: <https://monmouthu3a.com/science-technology/>

News from the Third Age Trust



For their latest news and other articles of interest:

<https://www.u3a.org.uk/latest-news>

Latest News

For copies of their newsletter:

<https://www.u3a.org.uk/news/newsletter>

u3a

Newsletter

IF OTHER GROUP LEADERS WISH TO PLACE INFORMATION IN
FUTURE NEWSLETTERS,
INCLUDING A LINK TO OUR WEBSITE, THEN
I'M HAPPY TO RECEIVE DETAILS AT

jimnewcombu3a@outlook.com

I MUST HAVE PERMISSION FROM YOU TO PUBLISH ANY EMAIL ADDRESSES,
IF THAT IS WHAT YOU WOULD PREFER