



## Committee

### Magazine

Many thanks to those convenors who have sent in articles and pictures for the magazine. We look to have the makings of a really full and interesting edition this year. If you still wish to contribute – and articles on matters of general interest from any member are welcome, especially with pictures – please could they be sent to Simon Durrant ([sncd@outlook.com](mailto:sncd@outlook.com)) by 12 August.

## Members Meeting

For those who have requested places, the Nelson Garden visit will take place at 2.30p.m. on 15 August. We are all hoping for much improved weather to enjoy a talk on the planning and development of the garden. There will then be plenty of time to wander and browse with other U3a friends.

## Groups

Please note that some groups do not meet in August, including Science and Technology and Critical Thinking. Details are available on the website at: [Home – Monmouth u3a](#)

### Film Club

On Friday 25th August at Bridges the Film Club will show 'Me and Orson Welles', starring Zac Efron and set in 1937 New York. Please arrive a few minutes early for a prompt start at 2PM. Entry contribution £3, or £4 for guests. Full details here; <https://www.imdb.com/title/tt1175506/>

### Critical Thinking

The next meeting will be on 26 September at 3.00 in Ty Price. The topic will be announced in the next Newsletter and stimulus material will be sent out in advance of the meeting. Anyone not on the members list who might be interested in coming along could email Simon Durrant at [sncd@outlook.com](mailto:sncd@outlook.com).

Theatre Group – all u3a members welcome

There are a few seats left to see the musical – Blood Brothers at the Bristol Hippodrome on the 30th August 2023. The cost of the trip is £60.00 this includes the theatre ticket, the coach and the drivers tip.

We are leaving Monmouth at 11.00 and should return around 1830.

If you would like to join us, email [Sue@cobourne.com](mailto:Sue@cobourne.com) or telephone 07768257943

## Events

**Reminder:** Drop-in coffee mornings, each Monday at the Estero Lounge in Monmouth. Everyone welcome. Heather Elliott is the new convenor for this activity.

### Future Visits

**8th December** Bath, Christmas market and afternoon tea

Please contact Melanie for further details: [mellyu3a@gmail.com](mailto:mellyu3a@gmail.com)


### Visit to Eastnor Castle 1st August.

Mel Hughes

We arrived and were greeted very warmly by the guides. Split into two groups we were taken on a private tour, before the public came in. The tour was at a leisurely pace which was good, as the eyes needed time to take in an astonishing amount of information. The Castle, which feels more like an oversized family home, magnificent but also informal, (dogs are allowed in with visitors), is jam packed full of an eclectic assortment of items acquired by the family over the generations.

Afterwards, we then went our separate ways to either walk around the lake, have a cuppa, get lost in the maze (yes that was me) or maybe get a naughty ice cream from the ice cream parlour before we headed home. The rain stayed away which was the cherry on the top of a lovely day.

## News from the Third Age Trust

Here is the latest copy of the Third Age Trust newsletter [Your u3a National Newsletter – July](#)  ([mailchi.mp](mailto:mailchi.mp))

## u3a Week



## Alfresco in Autumn

Third Age Trust are delighted to announce our coordinated event for u3a week – Alfresco in Autumn. This will take place on **Friday 22 September** and is an

opportunity to take the fun and learning of u3a outside.

That could mean organising a picnic for your whole u3a or encouraging your u3a groups to take their sessions outside during the day.

u3a week is taking place **16–24 September** and we know that many of you have already started planning your events. Please let us know how you will be marking u3a week, or if you will take part in Alfresco in Autumn, by emailing [u3aweek@u3a.org.uk](mailto:u3aweek@u3a.org.uk). More information and resources to help you plan your u3a week event is available on [the u3a website](#).

## Learning News from Third Age Trust

### Join our focus groups about learning within u3a

The u3a learning team is conducting a series of focus groups to help better understand member's needs and how to meet them.

This will help develop the national learning provision and the way we support local and regional learning opportunities. If you would welcome the opportunity to be involved in this process, please contact [learning@u3a.org.uk](mailto:learning@u3a.org.uk).



### Write a letter to your younger self

We've had a fantastic response to our new learning initiative which asks members to write letters to their younger selves. Thank you so much for sharing this with your members.

The gallery is updated with letters and pictures – please do have a look and share this with your u3a. Writing groups especially may be interested in taking part. Find out more on [the learning pages](#).

## u3a Festival 24

The first ever national u3a Festival is taking place **17-19 July 2024** at the University of York. It's an opportunity to bring members together to celebrate the joy of u3a membership.

Find out more about the festival on [the u3a website](#) and if you have any questions or would like to register your interest, please email [festival@u3a.org.uk](mailto:festival@u3a.org.uk).



### Porthcawl u3a annual study Day

Wednesday 6th September 2023 At the Hi-Tide Inn, Mackworth road, Porthcawl. CF36 5BT.

This year's Annual Study Day is themed around the Wales well-being Act which comprises eight dimensions, emotional, physical, occupational, social, spiritual, intellectual, environmental, and financial. In a changing world – what can we all do to be at our best. Our talk will concentrate on four of the elements, emotional, physical, social and intellectual.

As we are inviting members of other u3as to attend, it is important that you book your place beforehand. The cost of the day will be £15 to include tea/coffee upon arrival. To book your place, please email: [studyday@porthcawlu3a.org.uk](mailto:studyday@porthcawlu3a.org.uk) no later than 9 August. You will receive a reply of confirmation which will include details of how to make your payment.

### Quiz Answers from Summer Social

1. Which British seaside attraction is 158 metres tall?  
Blackpool tower
2. At 1.34 miles, where is the longest pleasure pier in the UK?  
Southend
3. Which group had a Top 10 hit with Summer Sunshine in 2004?  
The Corrs
4. What was the name of the ITV holiday show fronted by Judith Chalmers which ran from 1994 to 2003?  
Wish you were here
5. Thunderstorms are most likely to hit the South East of England. True Or False  
True
6. When does summer official start?  
21st June
7. The month of July is named after which famous historical person?  
Julius Caesar
8. What British show starts every year in August and ends just before Christmas?  
X Factor
9. Which month are most babies born in in Britain in Summer?  
September
10. 'The First Day of Summer' is an annual public holiday celebrated in which European

country in April?

Iceland

11. Can you give the first line of Grease's 'Summer Nights' lyrics?

Summer loving had me a blast

12. Which feast day falls on July 15 every year?

Saint Swithin's

13. Who was credited with saving 77 lives during seven summers working as a lifeguard at Lowell Park, Illinois, starting in 1926?

Ronald Reagan

14. Which singer was known as the 'Queen of Disco'?

Donna Summer

15. Who met and fell in love with Marge Bouvier in a 1974 summer camp?

Homer Simpson

16. Which novel is told partly by its heroine Esther Summerson?

Bleak House

17. The "dog days of summer" are named after the Dog Star; what is the better known name of this star?

Sirius

18. What term is often given to a period of dry hot weather that occurs in the autumn?

Indian Summer

19. 'Shall I compare thee to a summer's day' is the first line of which William Shakespeare sonnet?

Sonnet 18

20. What was the first name of Clegg in the sitcom Last of the Summer Wine?

Norman

21. The summer solstice occurs in the Southern Hemisphere during which month?

December

22. 'In the Summertime' was a debut single and big hit for which British rock band?

Mungo Jerry

23. Name the fictional seaside town in the Australian sitcom Home and Away?

Summer Bay

24. By what two names is the character Puck also known in the play A Midsummer Night's Dream?

Robin Goodfellow

25. Who sang the song 'Summer', which received nominations for British Single of the Year at the 2015 Brit Awards?

Calvin Harris

26. One Summer, a 1983 British TV drama by Willy Russell, gave which English actor his first break as sixteen-year-old Billy Rizley?

David Morrissey

27. Castel Gandolfo is famous for being whose summer residence?

The Pope

28. Name the cities which hosted the following Summer Olympics: (a)1952, (b)1960, (c)1972, and (d)1988?

(a)Helsinki, (b)Rome, (c)Munich, and (d)Seoul

29. What is the Italian word for Summer?

Estate

