



## Committee

Do explore our new website further, now that you have followed the link to this newsletter.

## Members Meeting

14:30 Tuesday May 16 1430 – 1600 Bridges Centre

Chris Seabury: *Energy Use and Reduction in the Home*

Come along on your own or with a friend and hear how you can save on more efficient use of energy in the home. Chris Seabury of ACE, a community group responding to climate change, will give us ideas and advice on how to do this and on the broader issue of carbon emissions.

The talk will be on Tuesday 16th. May at 1430 at Bridges Community Centre.

No charge is made for these events which are followed by tea and cakes/biscuits and a chat.

Why not bring a friend who may want to join Monmouth u3a? Or come on your own to meet other members.

## Groups

### Science and Technology:

Tuesday 9 May at 2.30pm in the BRIDGES CENTRE

Electromagnetic fields: what they do and don't do to your body –

Dr Phil Chadwick

Our bodies run on electricity. Our brains are a mass of complex electrical connections; our nerves tell our muscles and organs what to do via electrical impulses. So what happens when we are exposed to an electromagnetic field? Can we suffer from electrical interference?

We all know that microwave ovens cook food efficiently. TV and mobile phones use similar frequencies. Is there a risk? What about all that 5G scare stuff? Is it a military technology? Can it have new and unforeseen health effects? Did someone really irradiate the US embassy in Havana with microwaves to make the staff ill?

This talk will explain it all!

If you are not a member of this group you are welcome to join us as a guest for a fee of £3 (or you can become a member for £12).

### **Critical Thinking**

The next meeting will be on 23 May at 3.00 in Ty Price. We will be considering the benefits of different systems of electing representatives to an assembly.

Anyone intending to come might like to explore the different systems of proportional representation and their strengths and weaknesses and the arguments for and against first-past-the post.

A more specific reading list will be sent out in advance of the meeting. Anyone not on the members list who might be interested in coming along could email Simon Durrant at [sncd@outlook.com](mailto:sncd@outlook.com).

### **Exploring Local Churches**

A visit to St Michael's Church, Garway has been arranged for **30th June**. The visit will include a tour, talk, tea and cakes, it will cost £10 each. It will take place **in the afternoon**, at 2pm.

If you are interested in going on this visit please contact Frances Williams by email: [fhwsunnyside@gmail.com](mailto:fhwsunnyside@gmail.com) or telephone: 01600 713766.

### **Theatre**

Trip to Bath – 21st June 2023 to see Roman Holiday.

We still have some seats left on the coach! The Theatre still has some tickets left for the show – would you like to join us? (Cost £60.00).

Or simply buy a seat on the coach for £18.00 and have an afternoon in Bath.

If yes, please e-mail. [Sue@cobourne.com](mailto:Sue@cobourne.com)

### **Roman Holiday – The New Cole Porter Musical**

**Wednesday 21 June 2023 – Afternoon Matinee starting at 2.30**

**Theatre Royal Bath, Sawclose, Bath BA1 1ET**

We will be leaving Monmouth at 10.30 and returning around 18.30.

The cost including the tickets and coach is £60.00 – **Payment by 1<sup>st</sup> April 2023.**

### Information on the show.

**Italian chic, European glamour and the timeless music and songs of the legendary Cole Porter combine in a glittering new stage musical based on the bittersweet movie comedy which made a worldwide star of Audrey Hepburn.**

A multi–Academy Award winning movie when first released 70 years ago, **Roman Holiday** follows a youthful princess and an American journalist on a frenetic 24–hour adventure through the delights of the Italian capital. Ann, a young princess visiting Rome on a goodwill tour, escapes from the watchful eye of her chaperones. She meets Joe who offers to show her around the city, but Joe’s editor has demanded a story regarding a missing princess.

Through the course of one charming day and eventful night in Rome, Ann and Joe grow closer, but will true romance blossom before Ann has to return to her royal duties...?

Now featuring the unforgettable music of Cole Porter including *Easy to Love, You Do Something To Me, In The Still Of The Night, Just One Of Those Things* and *Night and Day*, the beloved movie has been adapted into a dazzling musical by Kirsten Guenther and Paul Blake, who co–wrote the stage version of Irving Berlin’s *White Christmas*.

## Events

**Reminder:** Drop-in coffee mornings, each Monday at the Estero Lounge in Monmouth. Everyone welcome.

### The Royal Mint Visit

As there were so many of us we went on the tour of The Mint in two groups, first going through security. Our tour guides were very well informed and could answer any questions. They took us through the process from start to finish of a coin being made. It was fascinating to realise the number of different countries that use this mint for their



own coins. Some countries are sent blanks for them to press their own. The area where most of the coins are created can be seen through a large window. The process is heavily automated with large machines working continually. Only a handful of workers could be seen.

The tour, which lasted approximately one hour, was followed by lunch.

After lunch people then went into the large exhibition area which was full of wonderful

displays of old and new coinage with relevant history and stories.



After coffee in the sunshine, all aboard for home. We all had a wonderful time.

Fun Facts:

\*The Royal Mint is the largest and most technically advanced minting facility in the world.

\*Sir Isaac Newton was Master of the Mint from 1699 until his death in 1727.

\*The Royal Mint struck the Olympic and Paralympic medals for London 2012.

\*In a typical year coins are produced for 50 or more different countries.

### Future Visits

**1st August** Eastnor Castle

**8th December** Bath, Christmas market and afternoon tea

Please contact Melanie for further details: [mellyu3a@gmail.com](mailto:mellyu3a@gmail.com)

### News from the Third Age Trust

Here is the latest copy of the Third Age Trust newsletter [u3a Newsletter Express 3-05-23 \(campaign-archive.com\)](https://www.campaign-archive.com)